



**Little
Dragons**
3 - 4 years old



**Mini
Ninjas**
5 - 7 years old



**Junior
Martial Arts**
8 - 11 years old



**Teen
Martial Arts**
12 years old plus

Tajjutsu - Karate - Muay Thai - Brazilian Jiu Jitsu - Self defence

WWW.ZKSMARTIALARTS.CO.UK

Telephone - 01296 392630 - Email - info@zkma.co.uk

Policy and Waiver for Minors Attending Adult Martial Arts Classes.

Introduction

This document outlines the policy and waiver for minors aged 16 to 17 who are invited to participate in adult martial arts classes. It is designed to ensure that parents or legal guardians are fully informed about the nature of the class environment and the responsibilities it entails.

Class Environment and Content

1. **Adult-Oriented Setting:** The adult martial arts class is tailored for adult participants, which may reflect the complexity of techniques taught, the physical rigour, and the maturity level of discussions and interactions. The class environment may occasionally involve language or topics that are of an adult nature.
2. **No Guardianship Provided:** Instructors and staff of the martial arts class are not responsible for acting as guardians or supervisors for minors during the session. Their primary role is to provide martial arts instruction to all participants.

Parental/Guardian Acknowledgment and Responsibilities

1. **Awareness and Consent:** By allowing a minor to participate, parents or guardians acknowledge the adult nature of the class and give their consent for the minor's exposure to a more mature training environment.
2. **Supervision and Safety:** While not mandatory, it is recommended that parents or guardians consider the minor's maturity and ability to handle an adult environment responsibly. Parents or guardians may choose to be present at the location during class times but are not required to be inside the training area.

Waiver of Liability and Assumption of Risk

1. **Risk Acknowledgment:** Participation in any martial arts activity involves inherent risks, including but not limited to physical injury. Parents or guardians recognize these risks and assume full responsibility for any injuries or damages that may occur as a result of the minor's participation.
2. **Release of Liability:** By agreeing to this waiver, parents or guardians release the martial arts class, its instructors, staff, and any affiliated entities from any and all liability, claims, and demands that may arise from the minor's participation in the adult class.
3. **Medical Emergencies:** In case of a medical emergency, staff will take immediate action to ensure the safety and well-being of the minor and will attempt to contact the parent or guardian using the contact information provided at registration.

Agreement to Terms

By allowing a minor to participate in the adult martial arts class, parents or guardians agree to all terms outlined in this policy and waiver. This agreement acknowledges understanding and acceptance of the risks, nature of the class, and the release of liability contained herein.

Consent

By consenting to this policy and waiver, parents or guardians affirm that they have read, understood, and agreed to the terms and conditions set forth for the participation of minors in the adult martial arts class. This consent is made freely and voluntarily without any inducement.

Acknowledgment

This policy and waiver serves as a binding agreement regarding the minor's participation in the adult martial arts class, acknowledging the unique nature of the class environment and the responsibilities of all parties involved.