







Taijutsu - Karate - Muay Thai - Brazilian Jiu Jitsu - Self defence

WWW.ZKSMARTIALARTS.CO.UK

Telephone - 01296 392630 - Email - info@zksma.co.uk

Graduating from Little Dragons (3 - 4 years) to Mini Ninja classes (5 years plus) in ZKS MARTIAL ARTS

Sensei has chosen your child to move up because they feel they're ready to move up now and become eligible to move from Little Dragons into our Mini Ninja classes. However, if you or your child do not feel this same confidence it is best to get in touch as soon as possible to discuss this. If we have not already assigned your child a class, please get in touch with us as soon as possible to let us know which Mini Ninja class you wish your child to graduate to. Please visit our website timetable for a list of Mini Ninja classes to choose from at www.zksma.co.uk and let us know via email of the change in class you wish to make. Please email admin@zksma.co.uk

Please note the following changes for your child: -

- This class is 45 minutes, not half an hour as before.
- Please understand and reiterate to your child that once they graduate to Mini Ninja level they are expected to behave respectfully and adhere to Sensei's instructions. They may be disciplined in a stronger way than they were in Little Dragons and will be asked to do endurance training such as push ups or sit ups if they misbehave.
- Junior classes incur a greater level of impact and contact, meaning your child will start training/sparring with their peers as opposed to just against Sensei or focus pads.
- Your child may wish to train in a 'gi' (karate uniform). A gi will become essential if he/she wishes to attend mini gradings and the annual main grading. Gis can be bought from our website shop via the members area as well as other kit such as t-shirts (free t-shirts will no longer be provided as they were in Little Dragons).
- £20 will be charged to your account in payment for the next stage of the mandatory kit required to participate in the older class. £20 will pay for the sparring gloves and mouthguard and these will be delivered in the next class.

USEFUL VIDEOS

ZKS YouTube Channel with helpful videos for newbies How to fit a gum shield.

Once you receive your graduation pack

Other things that you need to be aware of in the future

- Your child will now, for the purpose of grading, be recognised as a 'white' belt until they compete in the next annual main grading for their 'yellow' belt. To qualify for the annual main grading in July, your child MUST have competed in at least ONE mini-assessment. Please see the attached Grading FAQ document as you will need to understand this process for your child to progress.
- Your child will be invited to attend our mini-assessments and main grading 4 times per year. Mini assessments are a small (roughly one hour long) event where children are assessed on their progress, having completed a syllabus over roughly a term. They will be awarded 'tags' to reflect their progress in attaining each part of the syllabus. Our annual main grading is where they compete to attain their next belt. The most important event of the year is our annual main grading and, as previously mentioned, this is when they grade up to their next belt so, please keep this date free (YET TO BE ANNOUNCED BUT WILL BE IN JULY 2024) Please also note that this event is in Aylesbury and is a full-day event. Please note that if your child does not compete on grading days this will severely hinder their training. Mini assessments are held in March, June and December (participation in at least ONE of these events will be MANDATORY if your child has never done an annual grading before), this will incur a small charge of around £12.50 and will be held in Aylesbury and Watford. Further details of this will follow.
- White belts need only compete in ONE mini-assessment to qualify for entry to our annual main grading where
 they will strive to achieve their next belt (Yellow). However, all other students recognised as yellow belt and
 above must complete ALL mini-assessments to gain entry to the annual Main grading.

Please note, due to the dynamics of such a large event no such alternative is given for the main grading so please SAVE THE DATE if you can (TBA, in July 2022).

About our monthly membership fees(subscription).

We have always prided ourselves on making sure that we are fair with our prices, and we are keen to continue with that ethos.

- "Standard Membership" One class a week £31.50 per month per member.
- "Premium Membership" Two or more classes a week* £48.00 per month per member.

If you would like to move to the "premium" membership, then please email admin@zksma.co.uk.

Please see our table below for family member discounts.

Membership level	Family Member 1	Family Member 2	Family Member 3	Family Member 4
"Standard"	£31.50 per month.	£31.50 per month.	£16.50 per month.	£16.50 per month.
"Premium"	£48.00 per month.	£48.00 per month.	£48.00 per month.	FREE.

We appreciate that there is a lot to digest in what we have written above, and you may have many more questions. We would like to say that no question is a silly question! We'd rather you asked us earlier than your child missed out later! Should you have any queries about the above please do not hesitate to contact us on 01296 392630 or email us on info@zksma.co.uk

Thanks Sensei Ben Babbington