



**Little
Dragons**
3 - 4 years old



**Mini
Ninjas**
5 - 7 years old



**Junior
Martial Arts**
8 - 11 years old



**Teen
Martial Arts**
12 years old plus

Taijutsu - Karate - Muay Thai - Brazilian Jiu Jitsu - Self defence

WWW.ZKSMARTIALARTS.CO.UK

Telephone - 01296 392630 - Email - info@zkma.co.uk

Safeguarding Adults Policy– October 2024

Mission Statement/Introduction

ZKS Martial Arts is committed to ensuring the safety, dignity, and well-being of adults in our care. We believe that everyone, regardless of age, ability, or background, has the right to train in a safe and respectful environment. Our mission is to provide an inclusive environment, free from abuse or neglect, where all individuals are supported to achieve their potential.

Policy statement

ZKS Martial Arts believes that all adults should be able to participate in martial arts in an environment free from abuse, discrimination, and neglect. This policy outlines our commitment to safeguarding adults in our programs and ensuring their well-being. We are dedicated to promoting safe practices and protecting adults from harm.

Scope

This policy applies to all staff, volunteers, instructors, and members of ZKS Martial Arts. It covers the safeguarding of adults, including those at risk, in all ZKS Martial Arts activities.

Purpose

The purpose of this policy is to ensure the safety of adults participating in ZKS Martial Arts programs. It outlines the procedures for identifying and responding to concerns of abuse, neglect, or exploitation, and provides guidance for staff and volunteers on safeguarding responsibilities.

Implementation

ZKS Martial Arts will implement this policy through the following practices:

- Safe recruitment practices for all staff and volunteers
- A designated safeguarding lead is responsible for handling concerns
- Regular communication of this policy to staff and members
- Training on safeguarding for all instructors and staff
- Inclusion of adult safeguarding in all risk assessments

Legislation - what is adult safeguarding?

ZKS Martial Arts adheres to the safeguarding legislation and best practices as outlined by national guidelines. Further information can be found on the Ann Craft Trust website [Safeguarding Adults at Risk Key Legislation and Government Initiatives \(anncrafttrust.org\)](https://www.anncrafttrust.org/)

Procedures

Concerns about the welfare of an adult can be reported to the designated safeguarding lead. A simple reporting process is in place, which ensures that all concerns are managed in a timely and appropriate manner. For more detailed procedures, please refer to the Instructor's Handbook.

Raising and Managing a Concern

All safeguarding concerns are recorded in line with GDPR and data protection laws. Information is stored securely and shared only with relevant authorities.

Sources of Information and Support

Include local contact details here e.g. Safeguarding Adults Team, Safeguarding Adults Board and Active Partnership.

Action on Elder Abuse

A national organisation based in London. It aims to prevent the abuse of older people by raising awareness, encouraging education, promoting research and collecting and disseminating information.

Tel: 020 8765 7000

Email: enquiries@elderabuse.org.uk

www.elderabuse.org.uk

Ann Craft Trust

A national organisation providing information and advice about adult safeguarding. The Ann Craft Trust has a specialist Safeguarding Adults in Sport and Activity team to support the sector

Tel: 0115 951 5400

Email: Ann-Craft-Trust@nottingham.ac.uk

www.anncrafttrust.org

Men's Advice Line

For male domestic abuse survivors

Tel: 0808 801 0327

National LGBT+ Domestic Abuse Helpline

Tel: 0800 999 5428

National 24Hour Freephone Domestic Abuse Helplines

England	Northern Ireland
Tel: 0808 2000 247 www.nationaldahelpline.org.uk/Contact-us	Tel: 0808 802 1414 www.dsahelpline.org Twitter: www.twitter.com/dsahelpline Facebook: www.facebook.com/dsahelpline
Scotland	Wales
Tel: 0800 027 1234 Email: helpline@sdafmh.org.uk Web chat: sdafmh.org.uk	Llinell Gymorth Byw HebOfn/ Live free from fear helpline Tel: 0808 8010 800 Type Talk: 18001 0808 801 0800 Text: 078600 77 333

Rape Crisis Federation of England and Wales

Rape Crisis was launched in 1996 and exists to provide a range of facilities and resources to enable the continuance and development of Rape Crisis Groups throughout Wales and England.

Email: info@rapecrisis.co.uk

www.rapecrisis.co.uk

Respond

Respond provides a range of services to victims and perpetrators of sexual abuse who have learning disabilities, and training and support to those working with them.

Tel: 020 7383 0700 or

0808 808 0700 (Helpline)

Email: services@respond.org.uk

www.respond.org.uk

Stop Hate Crime

Works to challenge all forms of Hate Crime and discrimination, based on any aspect of an individual's identity. Stop Hate UK provides independent, confidential and accessible reporting and support for victims, witnesses and third parties.

24 hours service:

Telephone: 0800 138 1625

Web Chat: www.stophateuk.org/talk-to-us/

E mail: talk@stophateuk.org

Text: 07717 989 025

Text relay: 18001 0800 138 1625

By post: PO Box 851, Leeds LS1 9QS

Susy Lamplugh Trust

The Trust is a leading authority on personal safety. Its role is to minimise the damage caused to individuals and to society by aggression in all its forms – physical, verbal and psychological.

Tel: 020 83921839

Fax: 020 8392 1830

Email: info@suzylamplugh.org

www.suzylamplugh.org

Victim Support

Provides practical advice and help, emotional support and reassurance to those who have suffered the effects of a crime.

Tel: 0808 168 9111

www.victimsupport.com

Women's Aid Federation of England and Wales

Women's Aid is a national domestic violence charity. It also runs a domestic violence online help service.

www.womensaid.org.uk/information-support

ann craft trust
acting against abuse

Centre for Social Work

University of Nottingham

NG7 2RD

0115 951 5400

ann-craft-trust@nottingham.ac.uk

anncrafttrust.org

Everyone has a right to be treated with respect and dignity.

Everyone deserves to be safe.

Registered Charity No. 1086592 Company Limited by Guarantee No. 4080805

Signed: BB

Name: Ben Babbington

Position within ZKS MA: Business Owner/Safeguarding officer

Date: 11.10.2024